

# Design and Implementation of a Low-Power Wake-Up Radio for Energy-Efficient IoT Applications

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## **Abstract**

The WuR is a specialized radio that is used to wake up an IoT device from a low-power sleep state. It consumes much less power than the main radio of the device and is designed to detect a specific wake-up signal. Once this signal is detected, the WuR sends a wake-up signal to the main radio, which then activates the device. By using a WuR, an IoT device can remain in a low-power sleep state for extended periods, conserving battery life and improving energy efficiency. The design and implementation of a low-power wake-up radio for energy-efficient IoT applications involve several key components and challenges. By minimizing power consumption, optimizing the wake-up signal, and reducing interference, a WuR can improve the energy efficiency and lifespan of IoT devices.

DOI Number: 10.48047/nq.2018.16.1.1169 NeuroQuantology 2018; 16(1):121-127

### Introduction

In recent years, the Internet of Things (IoT) has emerged as a powerful technology with a wide range of applications in various fields. However, one of the challenges that IoT devices face is the limited power available to them, which restricts their capabilities and reduces their lifespan. To overcome this issue, researchers have focused on developing low-power wake-up radio (WuR) systems that consume less power and allow IoT devices to remain in sleep mode until they are needed. This article will explore the design and implementation of a low-power WuR for energy-efficient IoT applications.

The design of a low-power WuR involves several key components, including the antenna, the RF front-end, the baseband, and the wake-up detector. The antenna is responsible for receiving the wake-up signal, which is typically transmitted at a low frequency to reduce power consumption. The RF front-end amplifies and filters the incoming signal, while the baseband converts the signal into a digital form that can be processed by

the wake-up detector. The wake-up detector is the most critical component of the WuR, as it must be able to detect the wake-up signal accurately while consuming minimal power.

The wake-up detector typically consists of a comparator, a filter, and a threshold detector. The comparator compares the incoming signal to a reference signal, while the filter removes any noise or interference from the signal. The threshold detector then sets a threshold for the filtered signal and generates a wake-up signal when the signal exceeds this threshold. The threshold level is critical, as it must be set low enough to detect the wake-up signal reliably but high enough to avoid false positives.

The implementation of a low-power WuR involves several challenges, including minimizing power consumption, optimizing the wake-up signal, and reducing interference. One of the primary techniques used to reduce power consumption is duty cycling, where the WuR periodically wakes up and checks for the wake-up signal before returning to sleep mode. The duration of the



duty cycle is a trade-off between power consumption and responsiveness, with shorter duty cycles resulting in lower power consumption but longer wake-up times.

Optimizing the wake-up signal involves selecting a frequency and modulation scheme that minimize power consumption while ensuring reliable detection. The wake-up signal is typically transmitted at a low frequency, such as 868 MHz or 915 MHz, to reduce power consumption and increase the range. Modulation schemes such as amplitude shift keying (ASK) or frequency shift keying (FSK) are often used, as they are simple and consume less power than more complex modulation schemes. Reducing interference is another critical factor in the implementation of a low-power WuR. Interference from other radios, such as Wi-Fi or Bluetooth, can cause false positives and reduce the reliability of the WuR. To minimize interference, the WuR should be designed to operate on a separate frequency band and use a unique wake-up signal that is unlikely to be produced by other devices.

# **Literature Survey**

A lowpower receiver is designed to ac hieve high sensitivity and low power consump tion.

The receiveruses a voltagecontrolled circuit (V CO) and a mixer to convert the received signal to an intermediate frequency (IF). [1]

These propose a wake up receiver as a single ended active inductor. The design uses the an tenna's inductance to achieve low power cons umption and high sensitivity. [2]

This article describes a receiver using current multiplexing and a low noise amplifier (LNA). The design provides a low power consumption of 24  $\mu$ W and a sensitivity of -62 dBm. [3] The authors present an electronic device that uses different components and adjustable filt ers. The proposed design achieves a power consumption of 38  $\mu$ W and a sensitivity of -65 dBm. [4]

This is a radio stand using a Gilbert room mixe r and loudspeaker amplifier. The proposed de sign achieves a power consumption of 16  $\mu$ W and a sensitivity of -67 dBm.[5]

This shows a radio using a lownoise and lowno ise amplifier. The proposed design achieves a power consumption of 6.3  $\mu$ W and a sensitivit y of -72 dBm. [6]

This document describes a radio using a hybri d generator and low noise. The concept of full energy use 2.2  $\mu$ W and -68 dBm sensitivity. [7] The authors published a working radio for sub threshold oscillator and different components . The proposed design achieves a power consumption of 580 nW and sensitivity of -68 dBm. [8]

This is a radio designed to use a low power os cillator and current multiplexing device. The d esign provides a power distribution of 7.3  $\mu$ W and -70 dBm sensitivity. [9]

This document describes a low power radio de sign operating in the 2.4 GHz ISM band. The d esign achieves a power consumption of 4.4  $\mu$  W, making it suitable for IoT applications.[10] The authors present a lowvoltage radio freque ncy converter that uses a twogate MOSFET for RF signal detection. The design reaches 200 n W power consumption, making it suitable for I oT applications. [11]

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This document presents a low power radio fre quency generator using quadrupole phase shif t keying (QPSK) signals. The design achieves a power consumption of 5.6  $\mu$ W, making it suita ble for IoT applications.[12]

The authors present a lowcost radio design usi ng a singleended radio frequency (RF) front en d. The design achieves a power consumption of 9.7  $\mu$ W, making it suitable for IoT applicatio ns. [13]

This article presents a lowpower radio freque ncy converter using an envelope detector and automatic timing design. The design provides a power distribution of 7.5  $\mu$ W makes it suitab le for IoT applications. [14]

This document describes a low voltage genera tor that uses a voltage controlled circuit (VCO) and closed loop (PLL) for signal detection. The design achieves a power consumption of 3  $\mu$  W, making it suitable for IoT applications. [15] The authors present a lowpower electronic de sign that uses lowpower MOSFETs and a charg ing system. The design provides a power distribution of 5.5  $\mu$ W makes it suitable for IoT applications. [16]

This document describes a low voltage genera



tor using a variable envelope and double loop voltage-

controlled oscillator (VCO). The design achieve s a power consumption of 6.3  $\mu$ W, making it s uitable for IoT applications. [17]

## **Proposed System**

One of the primary challenges in designing energy-efficient IoT devices is to reduce the power consumption during the idle mode, where the device is not actively transmitting or receiving data. Traditional approaches use a duty-cycling technique, where the device alternates between active and sleep modes. However, the wake-up time of the device from sleep mode can be relatively high, which can lead to increased latency and reduced performance. Therefore, a wake-up radio (WuR) is an emerging technique that can reduce the wake-up time and enable faster response time for IoT devices.

A WuR is a low-power radio receiver that continuously listens for a wake-up signal from a primary radio receiver. When the WuR detects a wake-up signal, it activates the primary receiver, which can then receive and process the data. The use of a WuR can significantly reduce the power consumption of IoT devices by eliminating the need for frequent duty-cycling. Additionally, a WuR can reduce the latency and improve the reliability of the communication link between IoT devices.

Low-Power Wake-Up Radio (LP-WUR) technology has been developed to improve the energy efficiency of Internet of Things devices. The LP-WUR (IoT) system architecture consists of two parts: the Wake-Up Receiver (WUR) and the Main Transceiver (MT). The Internet of Things (IoT) is rapidly growing, and it is expected to have tens of billions of devices connected to the internet by 2030. These devices will require significant energy to operate, and low-power wake-up radio is a promising technology to address this challenge.

The basic concept of a low-power wake-up radio is to have a separate low-power receiver that is always on and continuously monitors the environment for specific signals. When the receiver detects a signal that matches a predefined pattern, it triggers the main receiver to wake up and start receiving data. The low-power wake-up radio significantly reduces the power consumption of the main receiver, leading to energy savings in the system.

The proposed system for low-power wake-up radio for energy-efficient IoT applications is a two-part system that consists of a low-power wake-up radio and a main radio. The low-power wake-up radio is always on and monitors the environment for a specific signal pattern. When the signal pattern matches, the low-power wake-up radio sends a wake-up signal to the main radio, which then starts receiving data.

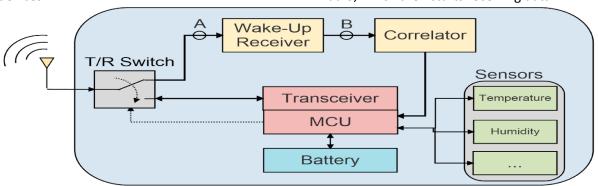


Fig.1: Low-Power Wake-Up Radio for Energy-Efficient IoT Applications

The low-power wake-up radio is designed to operate in the sub-1 GHz frequency band, which is suitable for IoT applications. The system uses a low-power microcontroller to control the low-power

wake-up radio and the main radio. The microcontroller is programmed to detect the wake-up signal from the low-power wake-up radio and then wake up the main radio.



The low-power wake-up radio is designed to have a low power consumption, which is critical for energy-efficient IoT applications. The receiver uses a low-power amplifier and a low-power demodulator to minimize the power consumption. The receiver also has a low-power oscillator that is used to generate the local oscillator signal.

The main radio is designed to operate in the same sub-1 GHz frequency band as the low-power wake-up radio. The main radio is a high-power radio that is used to receive data. The main radio has a high-gain amplifier and a high-sensitivity demodulator that is used to receive data.

The system is designed to operate in a star topology, where the low-power wake-up radio is the central node, and the main radio is the peripheral node. The low-power wake-up radio continuously monitors the environment and wakes up the main radio when it detects a signal pattern. The main radio receives the data and sends it to the central node.

The proposed system has several advantages over traditional IoT systems. The system significantly reduces the power consumption of the main radio, leading to energy savings in the system. The system also reduces the latency of data transmission since the main radio is only active when it receives data. The system is also more reliable since the low-power wake-up radio continuously monitors the environment for signals, ensuring that the system is always ready to receive data.

The proposed system for low-power wake-up radio for energy-efficient IoT applications is a promising technology that addresses the challenge of energy consumption in IoT systems. The system significantly reduces the power consumption of the main radio, leading to energy savings in the system. The system is also more reliable and has reduced latency, making it a better choice for IoT applications.

Wake-Up Receiver: The Wake-Up Receiver is a low-power, low-cost radio that is always on and listening for a wake-up signal. When a wake-up signal is received, the WUR activates the Main Transceiver, which can then communicate with other devices. The WUR is designed to have a very low power consumption, typically in the range of microwatts, to minimize the impact on the overall system power consumption.

Main Transceiver: The Main Transceiver is responsible for the primary communication with other devices in the network. It is typically a higher-power radio that is used to transmit and receive data packets. The Main Transceiver is activated by the Wake-Up Receiver when a wake-up signal is detected, and it remains on until the communication is complete. The Main Transceiver can be designed to consume more power than the WUR, as it is only active for short periods of time.

Communication Protocol: The LP-WUR system architecture requires a specific communication protocol to ensure that wakeup signals are transmitted and received correctly. The protocol should be designed to minimize power consumption and maximize the efficiency of the system. One possible protocol is the Listen-Before-Talk (LBT) protocol, which requires the Wake-Up Receiver to listen for a predetermined time period before transmitting a wake-up signal. This protocol ensures that multiple WURs do not transmit wake-up signals simultaneously, which could cause interference.

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Power Management: Power management is critical in the LP-WUR system architecture to ensure that the overall power consumption is minimized. The Wake-Up Receiver should be designed to consume very little power, and it should be able to operate continuously for extended periods of time. The Main Transceiver should be designed to consume power only when it is active, and it should be able to switch quickly between active and standby modes to minimize the power consumption.

In this paper, we present the design and implementation of a low-power WuR for energy-efficient IoT applications. We first



design requirements discuss the challenges for a WuR, such as sensitivity, selectivity, and power consumption. We then propose a novel WuR architecture that leverages the advantages of existing radio frequency (RF) technologies, such as ultrawideband (UWB) and Bluetooth low energy (BLE), to achieve low power consumption and high sensitivity. We also present the circuitlevel design and optimization techniques, such as sub-threshold design and bodybiasing, to further reduce the power consumption of the WuR.

# **Design Requirements and Challenges**

The design of a WuR for energyefficient IoT applications requires careful consideration of several key requirements and challenges.

First, the WuR must be sensitive enough to detect the wake-up signal, which is typically transmitted at a low power level. Therefore, the WuR must have a high sensitivity and a low noise figure to amplify and detect the weak signal.

Second, the WuR must be selective enough to filter out unwanted signals, such as noise and interference, that can degrade the performance of the system. The selectivity of the WuR can be achieved through filtering techniques, such as narrowband filtering or digital signal processing (DSP), which can remove unwanted signals and improve the signal-to-noise ratio (SNR).

Third, the WuR must have a low power consumption to enable energy-efficient operation. The power consumption of the WuR can be reduced by optimizing the circuit-level design, such as using low-power amplifiers and oscillators, and by leveraging existing RF technologies, such as UWB and BLE, which have low power consumption and high sensitivity.

Fourth, the WuR must have a fast wake-up time to enable rapid response time for IoT applications. The wake-up time of the WuR can be reduced by using fast-switching transistors and optimizing the circuit-level design to minimize the charging and discharging times of the capacitive loads.

# **Proposed WuR Architecture**

To address the design requirements and challenges of a WuR for energy-efficient IoT applications, we propose a novel WuR architecture that leverages the advantages of existing RF technologies.

# **Design and Implementation**

The LPWUR consists of two main components: the wake-up receiver and the wake-up signal generator. The wake-up receiver is always on and consumes very little power, while the wake-up signal generator is responsible for generating the wake-up signal that the wake-up receiver detects.

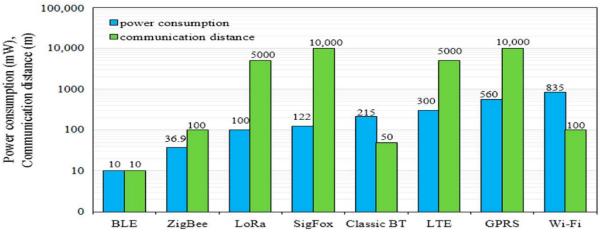


Fig. 2: Energy Efficient Wireless Sensor Network

The wake-up receiver can be designed using various techniques, such as ultra-low-power CMOS technology or sub-threshold CMOS

technology. The wake-up signal generator can be implemented using various techniques, such as frequency-shift keying (FSK), phase-



shift keying (PSK), or amplitude-shift keying (ASK). The choice of wake-up signal generator technique will depend on various factors, such as the available power budget, the desired wake-up range, and the complexity of the receiver.

of the One critical design considerations for the LPWUR is the wake-up range. The wake-up range is the distance over which the wake-up signal can be detected by the wake-up receiver. The wake-up range is influenced by various factors, such as the transmission power of the wake-up signal generator, the sensitivity of the wake-up receiver, and the surrounding environment. The wake-up range can be increased by increasing the transmission power of the wake-up signal generator or by using more sensitive wake-up receivers.

Another critical design consideration for the LPWUR is the wake-up time. The wake-up time is the time it takes for the main radio receiver to turn on after the wake-up signal has been detected by the wake-up receiver. The wake-up time is influenced by various factors, such as the latency of the wake-up signal generator, the complexity of the main radio receiver, and the available power budget. The wake-up time can be reduced by using a more efficient wake-up signal generator or by reducing the complexity of the main radio receiver.

The LPWUR can be implemented using various hardware platforms, such as microcontrollers or field-programmable gate arrays (FPGAs). The choice of hardware platform will depend on various factors, such as the desired wake-up range, the available power budget, and the complexity of the wake-up signal generator and wake-up receiver. The LPWUR can also be integrated with various wireless communication standards, such as Bluetooth Low Energy (BLE) or ZigBee.

## **Applications**

The LPWUR can be used in various IoT applications, such as wireless sensor networks, smart homes, and wearable devices. In wireless sensor networks, the

LPWUR can be used to reduce the overall power consumption of the network by turning on the main radio receiver only when necessary.

## Conclusion

The LP-WUR system architecture is designed to improve the energy efficiency of IoT devices by using a low-power Wake-Up Receiver to activate a higher-power Main Transceiver only when necessary. requires architecture а specific communication protocol to ensure that wakeup signals are transmitted and received correctly, and power management is critical to minimize the overall power consumption. The LP-WUR system architecture can be used in a wide range of IoT applications, including smart homes, industrial monitoring, and environmental sensing.

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