

# An Interview with Anabela Cardoso: Anomalous Electronic Voices Received via Instrumental Transcommunication

Sylvia Hart Wright

## ABSTRACT

Anabela Cardoso, a career diplomat and successful ITC operator, is the author of *Electronic Voices, Contact with Another Dimension?* She talks with Sylvia Hart Wright, author of *When Spirits Come Calling: The Open-Minded Skeptic's Guide to After Death Contacts*. Dr Cardoso describes some of her motives for using electronic means to explore unknown domains of reality and outlines her results. She has carried out hundreds of conversations with communicators who identify as her deceased family members and other unknown personalities and affirm to speak from a dimension beyond time. According to her communicators the survival of all forms of life--not only human--after physical death is part of the Natural Law. She says her communicators insist on the need for expanding human consciousness; this seems to be one of their main goals when attempting contact with our dimension in this novel way. Interesting parallels with the results of other ITC experimenters are drawn. Dr. Cardoso believes that this path of investigation, in spite of the difficulties involved, is open to everybody sufficiently interested in the method, with the disposition to persevere in the patient experiments it requires.

**Key Words:** Instrumental Transcommunication, Electronic Voice Phenomenon (EVP), Direct Radio Voices (DRV), Station, Rio do Tempo, River of Time, Timestream

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**Anabela Cardoso** is a philologist and a career diplomat. Her involvement in ITC experimentation was the result of unexpected circumstances. Her positive results drove her to set aside her professional life and devote full time to this fascinating field of research. She is the founder and the Editor of the *ITC Journal*. She has published articles and given presentations on ITC worldwide. She recently completed an important project of investigation designed to record anomalous electronic voices under controlled conditions (See article titled "A Two-Year Investigation of the Allegedly Anomalous Electronic Voices or EVP" published in this issue). **Sylvia Hart Wright**, professor emeritus at the City College of New York, holds graduate degrees in sociology and library science. She has written widely on architecture and political activism for peace and justice as well as the paranormal. Her work on ADCs, *When Spirits Come Calling: The Open-Minded Skeptic's Guide to After-Death Contacts*, first published in 2002, was recently released as an e-book.



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Interviewer: Sylvia Hart Wright

**Sylvia Hart Wright:** It was a pleasure for me to read your recent book, *Electronic Voices, Contact with Another Dimension?* and to listen to the fascinating CD that documents apparent messages you've received via instrumental transcommunication (ITC). [This is sometimes also referred to as electronic voice phenomena or EVP.] You make a strong argument that the anomalous electronic voices you've recorded supply evidence for the survival of consciousness after death. What prompted you to start trying to receive electronic voices? It seems an unusual pursuit for a career diplomat.

**Dr. Cardoso:** I believe nothing is strange for anybody if the motivation is profound and compelling. I started experimenting with two friends at the very end of 1997 in Galicia, the northwestern region of Spain where I was posted as Consul General of Portugal, and we got our first results at the beginning of 1998.

I suppose two main factors prompted me to start this experimentation: firstly the fascinating idea of attempting contact with my beloved deceased ones, although I have to confess that I doubted their existence and even more, that they could be contacted in such a way. Secondly, in case the few accounts I had read on the subject were true--something that I also doubted mainly because of my ignorance of the discipline and its history--and if we got results, the awe that even a tiny, faint voice claiming to speak from another dimension would inevitably produce in me.

This was exactly how my two friends and I felt because we never expected any results. But then, to our great surprise, one

day in January 1998 we did get our first EVP voice and a couple of months later, while I experimented alone in my little home studio (we carried out our recording sessions at my house) the first Direct Radio Voice came out from the loudspeaker of the radio tuned to the static noise for the EVP experiments, as usual, and very conspicuously, loud and clear, replied to the question I had just asked.

It was a man's voice, who would later identify himself as Carlos de Almeida, my main communicator for a couple of years. On that memorable afternoon he said, among other things, that "it [the work of the Direct Radio Voices] was very, very difficult" and that he spoke "from another world"! Our astonishment and wonder had no limits, I can assure you. We were in shock because the unbelievable had happened to us! Indeed the adventure had just started and, since then, the Direct Radio Voices have not stopped except for a break of some eighteen months, a couple of years ago. Then they resumed with great vigor and enthusiasm, to my great joy!

Their first statements, after the temporary halt that worried me so much because I thought that perhaps I would never again hear those mysterious voices, were: "We came back, we came, we returned, you had faith in Tempo [Rio do Tempo], we are happy, this is the Station ..." and other things (see Electronic Voices CD). From the tone of the voices they also rejoiced with our renewed contact. I never knew what caused the halt, if anything. This is a very mysterious area because the laws of the next dimension of life are not similar to our own laws. We know so very little about these communications that practically everything is inexplicable for us, starting with the formation of the voices themselves.

**Sylvia Hart Wright:** Can you briefly explain what these anomalous electronic voices consist of?

**Dr. Cardoso:** The voices are part of a wider group of phenomena currently called Instrumental Transcommunication (ITC) that include anomalous images on computer or television screens, recorded audio messages, telephone calls and computer texts--in short, anomalous communications received through electronic media. When we started our own experiments, we started experimenting with



images and a few seemed to be anomalous. However, that branch interests me less because the images by themselves do not transmit information, although they can also be very interesting because some of those were identified as deceased personalities after their reception (Locher and Harsch, 1989). But, when the DRV happened, the remarkable possibility of a dialogue with another dimension was the main factor that impelled me to stay with the voices. The research is time-consuming; it demands a lot of patience, persistence, and dedication. I have received thousands of communications which convey information, that need to be digitized, transcribed, and stored safely. It is hard work and I felt I could not do all at the same time, so I decided to keep to the audio experiments.

**Sylvia Hart Wright:** Your communicators have emphasized that they communicate from a Station i.e., Rio do Tempo. Can you explain what you mean by a station in the context of our discussion?

**Dr. Cardoso:** I will try! The concept of a station first emerged from Jürgenson's and Raudive's communications. Friedrich Jürgenson averred the existence of a transmitting center where communications with our level of existence originated (Jürgenson 2004). Dr Konstantin Raudive mentioned also a Latvian group in the scope of his contacts. My communicators have identified themselves as "the Portuguese Group at Rio do Tempo [River of Time] Station." In Luxembourg, ten years earlier, at the house of Jules and Maggy Harsch-Fischbach, and in Germany, at Adolf Homes', the extraordinary communicators stated they spoke from "Zeitstrom" (translated into English as Timestream). At Homes' another group also communicated and identified their station as the "Zentrale."

The communicating entities have said about the stations in their world that they are transmitting centers through which the most advanced contacts with physical worlds, such as ours, must pass. They specifically mentioned DRV, anomalous computer texts and images, and telephone calls. The messages only heard on playback, commonly called EVP, do not seem to need the agency of a station.

But the reference to a center, more exactly to a place dedicated to contacts with

our world was already mentioned in the mediumistic literature many years before. Unfortunately, I am not well versed in mediumship but a short time ago a passage from "The Blue Island" came under my eyes. I was very surprised to find therein, mention of a special building for communications with our world. It came from William T. Stead purportedly communicating through the automatic writing of a friend of his daughter Estelle, Pardoe Woodman. The deceased Stead tells of "... a house which is given over to this work [communication]."

He states: "For a building given over to this kind of work it appeared to be inadequately equipped. I had rather expected to see many implements and instruments, many wires and machines, and the presence of electrical forces, but there was nothing of that kind at all. It was all and only the human element." We should keep in mind that Stead was communicating through human agency and, therefore, it is plausible that he did not see "electrical" instruments and other devices, something Timestream has confirmed in Luxembourg where the image purportedly of the building of the station was also received. And my own communicators have specifically referred to "Rio do Tempo's building" as "the hemicycle." The same precise information was conveyed to the Luxembourg team some years before. The parallel is obvious.

**Sylvia Hart Wright:** Do you believe you've had any contacts with extra-terrestrial beings?

**Dr. Cardoso:** According to information received by the Harsch-Fischbachs in Luxembourg, a very high being of non-physical origin, a kind of great angel of wisdom, knowledge and compassion whom they called the "Technician," is the supervisor of the contacts with our world (and possibly others). I have received a voice very similar to the recordings attributed to the Technician. It is only a few words but the similarity is striking.

However, when I once asked my communicators if I could expect more contacts with the Technician, a figure I find fascinating, they replied: "But you have spoken with it many times!" So I don't know what to reply to you because if I had many contacts with the Technician, I could only recognize the characteristic voice once. However, I suppose the Technician can produce many different



voices. As for Dr. Swejen Salter, whom the Harsch-Fischbachs reported to be an extra-terrestrial, according to her own words, I once recorded a talk between two of my communicators, as it frequently happens, and one of them said: "Shall we speak with Dr Swejen?" That's the only mention I have of Swejen Salter.

**Sylvia Hart Wright:** Have you found any evidence that the discarnate voices indicate some sort of post-death evolution?

**Dr. Cardoso:** Indeed "evolution" seems to be the purpose of all life, here and in other levels of existence. When I once remarked to my communicators that their values were obviously very different from our prevalent ones and asked what the most significant worth in their world was, they replied with a single expression, "The truth." And when I asked what the endeavor of non-human animals in their world was, they said: "They also try to know more," and so on. In Luxembourg, Timestream communicators affirmed that the main purpose of ITC contacts was to contribute to the expansion of human consciousness. The different groups that speak through DRV, Rio do Tempo included, have also reiterated the equal value of all life. The Technician specifically said in Luxembourg that ITC is also meant to render humans aware of the need to protect Nature and defenseless animals, human and non-human alike.

**Sylvia Hart Wright:** Have you asked your electronic voices about reincarnation?

**Dr. Cardoso:** I have asked about the existence, or otherwise, of reincarnation and their simple reply, in typical ITC semantics, was: "Only when there is no other way," which I interpreted as meaning that reincarnation only takes place when there is no other way to progress.

**Sylvia Hart Wright:** Have you identified any peculiarities in the voices you're familiar with?

**Dr. Cardoso:** The voices are electronic and most of the times they sound typically like electronic reconstructions of the human voice so it is very difficult to identify distinctive attributes in them. However, on a few

occasions, I've noticed not only a characteristic accent of the region of the South of Portugal where I was born but even sentences constructed with the semantics not only of the region where I was born but of the specific place in that region where I grew up. One of those sentences, so loud and clear that it cannot be mistaken for anything else, is so odd in its construction that I asked my sister who still lives near my family place, if she knew about its use and meaning. She replied saying that the phrase is not used where she now lives (around 45 km away from my parents' region) but that she had enquired and found out that some years ago it was used in the very restricted countryside area around my family's original house. I have also recorded voices with the typical, unmistakable accent of the region. When I speak about 'voices' I generally mean the DRV because those are the ones my communicators mostly work with.

**Sylvia Hart Wright:** What would you recommend to people interested in attempting contact through ITC?

**Dr. Cardoso:** I suppose I would use the same words Friedrich Jürgenson addressed to George Meek when Meek visited him in Sweden in 1975: "You have to have great dedication for this work ... and there are four basic requirements. First, you must have time – plenty of it. Second, you must have patience – an incredible amount of it. Third, you must have money, money to assemble equipment, discard what doesn't work, and buy more to replace it. But the most important thing of all is the willingness to take ridicule and slander" (Fuller, 1985, pp. 124-125).

Sadly, almost forty years later, not much seems to have changed in this regard! But I would add my own estimation of the work, emulating the words of a communicator who identified as my deceased father. When I asked him if all the sacrifices he had endured in this life were worth it, in view of his new condition, he replied, "It was all worth it!"

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