# Scope of Research and Advancement in Medical Astrology

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## Abstract

Astrology and Medicine (Ayurveda) are both ancient and traditional form of knowledge in India. Both have their origin from Vedas. Astrology helps in predicting diseases through various combinations of planets in horoscope. In ancient times, Astrology had been an integral part of traditional medicine. There are certain diseases that have unknown etiology, which can be diagnosed on the basis of astrological factors. With the help of Astrology one can predict the time of onset of disease, course of disease, prognosis of disease and can treat them with the remedial measures prescribed in Astrology, along with the conventional medicine. In ancient times physicians were well versed with the knowledge of Astrology and use to treat patients with both modalities. This science remained ignored for last few decades. Nowadays a branch of Astrology called Medical Astrology is emerging among the Astrologers. Though, Astrologers have deep knowledge of planetary influence on body parts and can predict diseases, they are not trained in Human Anatomy, Physiology, Pathology etc., therefore it's a need of time for physicians to gain knowledge of Medical Astrology and incorporate it with other modalities of treatment. Ayurveda believes in holistic approach towards wellbeing of mankind. There is a wide scope of research in Medical Astrology. There is also a scope for the development of tool like software, Apps etc. in the field of Medical Astrology. Allopath, Ayurveda, Homeopathy, Astrology all have their limitations. Realizing the limitations of each of them and using them as complementary to each other and through this multidisciplinary approach towards health, with the help of new technologies, can open new avenues in health research and benefit the mankind.

***Keywords :*** *Medical Astrology, Ayurveda, Diagnosis of disease, Planets, Horoscope*

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## INTRODUCTION

Ayurveda is a science of life, while Astrology is a science of prediction. Both have constituted a way of life since time immortal. Both are originated from Vedas, one is Upveda of Atharva Veda, while another one is Vedang, branch of Vedas. Both, aims at wellbeing of mankind, their health and happiness. In ancient times physicians were well versed with the knowledge of Astrology and use to detect and predict the disorders. By the time this science got neglected and mistreated. Nowadays again this science of prediction called Medical Astrology is getting popular. There are limitation in every pathy, either it may be Allopathy, Ayurveda, Homeopathy, Naturopathy, Yoga or Astrology. For the benefit of patients holistic approach towards diseases and treatment is essential. Medical Astrology can be used as preventive and remedial measures. With the use of Medical Astrology, predictions regarding onset of disease, cause of disease, severity and prognosis can be made according to the planetary positions in the horoscope of patient.

Medical Astrology is traditionally known as ***iatromathematics.*** It is an applied branch of ancient traditional astrology based on effect of planets on human health. The 12 houses of horoscope signify the 12 different body parts (Table 1&2), each house is governed by a specific planet and every planet has their good and bad qualities. Disease is caused by the malefic planet while health is restored and preserved by the benefic planets. Various planets are also related with different body parts (Table 3). Only after the thorough calculation and consideration about houses, signs, nakshtras and planets involved and also considering the dasha operating at that time, it becomes possible to diagnose the nature of disease, location of disease in body, time of onset of disease and prognosis or final outcome of disease. It's a time to make this science of

prediction called Medical Astrology, evidence based on the basis of research methodology, so that it can be accepted. Advancement by using modern tools is also needed for uniform results and standardization.



Table 1

**Houses of concern in Medical Astrology**

| House | Indication |
|---|---|
| **6th House** | It is also known as the ***House of Diseases***, as it indicates sickness and illness. It is usually considered that the health of the person deteriorates only when Mahadasha or Antardasha of the planets are in connection with the 6th house. Planets connected to 6th house causes disease. |
| **8th House** | It is also known as ***House of Death***. It is connected to longevity and life span. |
| **12th House** | This house is the ***House of Hospitalization***. It indicates any type of hospitalization. |

Table 2

**Characteristics of different houses of Horoscope in Medical Astrology**

The various houses in one's birth chart represent different parts of the body:

| House | Body parts governed and characteristics |
|---|---|
| **1st House** | Body in general, complexion, head, brain, skin, hair, appearance, good health, longevity, and ability to perform work. |
| **2nd House** | Face, eyes (right eye), teeth, tongue, mouth, oral cavity, nose, speech, steadiness of mind. |
| **3rd House** | Ears (right ear), throat, neck, shoulders, upper limbs, trachea, upper part of esophagus, clavicle, dream, mental instability, physical growth and fitness. |
| **4th House** | Chest (thorax), lungs, heart, blood vessels of thorax, diaphragm and breast. |
| **5th House** | Heart, spinal cord, mind, upper abdomen, stomach, liver, gallbladder, spleen, pancreas, duodenum, umbilicus, intestines, mesentery. It governs mind and thinking. |
| **6th House** | General diseases, stomach, small intestine, mesentery, appendix, part of large intestine, |
| **7th House** | Large intestine, rectum, prostate gland, uterus, urethra, anal canal, testis, semen, groin. |
| **8th House** | External genitals, perineum, anal orifice, secondary sex characters, longevity, mental anguish. |
| **9th House** | Hips, Thighs, Limbs, Femoral artery, nourishment. |
| **10th House** | Knee joint, Joints, Bones and Flesh, patella, popliteal fossa. |
| **11th House** | Legs, Blood circulation, ankles, Left ear, buttocks. |
| **12th House** | Lymphatic system, Feet, Toes, Left eye, hospitalization, death, mental imbalance, crippled limbs. |

Table 3

**Effect of Planets on human body:**

| Planets | Body parts governed & Effect | Disorders |
|---|---|---|
| **Sun** | It gives strength to body and responsible for general health. Heart, bones, stomach, right eye, constitution of body | Heat, sunstroke, high fever, disease of the eyes, baldness, bone cancer, a weak immune system, burning sensation in body, hyper irritability, heart diseases, palpitations, skin disorders, leprosy epilepsy and disorders of head and stomach. |
| **Moon** | It gives stability and soundness of mind. Heart, lungs, mind, blood, left eye, breast, stomach shoulder, face, lymph and fluids of body | Cough & Cold, Pneumonia, breast-related diseases, kidneys-stomach & uterus related problems, psychiatric problems, epilepsy, mania, heart problem, tuberculosis, acidity, shoulder problem, anemia, mental fatigue, sleep related problems, pleurisy and serous effusion in body, water in the body. |
| **Mars** | It gives heat, vitality, energy and aggressiveness.<br>Blood, bone marrow, bile, appendix, endometrium. | Accidents, wounds, coagulation of blood, leprosy, deformities, high blood pressure, mental aggression, surgery, burns, abortions, menstrual disorders, head injuries, diseases above the neck, hemorrhoids, painful urination. |

| | | |
|---|---|---|
| **Mercury** | It gives intelligence, capacity of discrimination and reasoning. Skin, speech, neck, navel, sex organs, nose, spine, throat, higher body functions. | Mental confusion, nervous breakdown, mental instability, defective speech, skin diseases, itching, leucoderma, bad dreams, impotency, vertigo, ENT diseases. |
| **Jupiter** | Sign of wisdom. Digestive system, brain, liver, spleen, gallbladder, pancreas, Fat of body | Liver disorders, diabetes, gall bladder diseases, obesity, jaundice, lung disorders, laziness, brain related problems like loss of memory, paralysis and chronic disorders. |
| **Venus** | It gives luster and proportionate body. Governs sexual drive. Urinary system, genitals, endocrine, eye sight. | Venereal diseases, loss of body luster, cataract, weak eyesight, nephritis, sexual disorders, diabetes, carbuncles, laziness, tiredness, endocrine disorders, stones in kidney and urinary tract, leucoderma. |
| **Saturn** | Significator of ill health, general weakness. Legs, feet, nerves, lymphatic, distal part of colon and rectum, joints, limbs and hair. | Disorders of teeth, bones, knees, joints, rheumatism, chronic diseases, asthma, lung-related diseases, tuberculosis and skin diseases, damage to limbs, laziness, stomach pain, bone fracture, paralysis, insanity, hysteria, depression, cancers, elephantiasis, deafness, injuries, chronic and incurable diseases. |
| **Rahu** | Feet, lower abdomen, breathing | Insanity, phobias, chronic and incurable ailments, lung disorders, leprosy, cancer, poisoning, snake bite, bites of poisonous insects and creatures, spleen diseases, breathing problem, duodenal pain, |
| **Ketu** | Belly and feet. | Diseases of unknown origins, painful ulcers, tumors, viral fevers, diseases of stomach and eye, small pox, piles, surgery, infectious diseases, worms, epidemics, erruptive fevers, deafness, defect of speech. |



## Material and Methods

### Need of Research in Medical Astrology

Research means searching the knowledge, in a systemic manner, which is hidden or forgotten due to ignorance. Since long Medical Astrology is being ignored, so to make it adaptable and acceptable, systematic knowledge through research on Medical Astrology is required. By this we can set different criteria for the treatment of diseases. Research in Medical Astrology can discover new facts or correlate old facts by scientific study.

### Aim

- Researches in Medical Astrology will open new avenues for diagnosis and treatment of diseases.
- Use of advanced technologies will make it more acceptable due to standardization and validation.**Objectives**
- Research in Medical Astrology will add new scientific facts and knowledge in existing knowledge.
- It will improve the health and medical practices and thus will be beneficial to mankind and society.

### Methodology

A systematic procedure has to be set to carry out the activity of diagnosis through Medical Astrology. In research there is no place for blind faiths, disbeliefs, or facts that are traditionally established. To make it scientifically acceptable, proofs derived from observations and accurate data collection will establish facts and validate the same. For the purpose of accurate results, exact date of birth, place of birth and accurate time of birth is required. Nowadays many soft wares are available for preparing horoscope. When the date, place and time of birth of patient are put in this software, a readymade horoscope with planetary positions is available. All the charts about *Dasha, Mahadasha*, and *Antardasha* are also available. The only thing is to accurately calculate the available data for perfect predictions. Astrologers having deep knowledge of planetary positions in different houses of horoscope, their combinations, *dashas* etc. can predict the case accurately. With the

help of such learned Astrologers software can be developed. By developing such software the errors can be reduced and accurate calculations will be done, which will provide predictions without error, standardized and validated.

**Areas of Research in Medical Astrology:**

- Literary research
- Etiological factors of diseases based on astrological aspect.
- Preventive measures.
- Prevalence of diseases in particular Zodiac sign or positioning of planets.
- Prognosis of diseases.
- Remedial measures for diseases on the basis of astrology.
- Aetio-pathogenesis and remedial measures of some critical illness like Autoimmune disorders, Genetic disorders Infertility, Mental disorders, Skin disorders.

**Results and Discussion**

- Medical Astrology helps to predict disease much before it actually occurs; hence *preventive measures* can be taken well in advance.
- *Etiological factors* of diseases of unknown origin can be established.
- With the help of Medical Astrology, it is possible to *diagnose* a disease well before its actual appearance in the body.
- *Remedial measures* for diseases difficult to treat can be achieved through Medical Astrology.
- *Severity, duration and prognosis* of diseases can be predicted well in advance so that the decision related to line of treatment and need to do surgery can be made.

Astrology is a science of calculations. The predictions are based on calculations of positioning and combination of planets in horoscope, degree of planets, duration of *dashas, mahadashas, antardashas* etc. these are all calculative. So software can be easily made based on the positioning and combination of planets in particular house and at particular time. This will accurately provide the requisite predictions regarding disease. The only thing needed is exact date, time and birth place of person. So, by using these modern techniques, medical astrology can be used in more advanced and standardized way. Realizing the limitations of all the systems of healing and using them in holistic way, complimentary to each other can benefit the society.



**Conclusion**

Researches, standardization and advancement in the field of Medical Astrology will open the new avenues in the field of Medicine. Use of Medical Astrology along with other streams of health sciences will help to achieve Multidisciplinary Perspective in Healthcare.**References**

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